



# SRI SESHHA OLI

*The light divine...*

Managing Editor : **Guruji K.V.L.N. SHARMA**

**Spreading Sathguru Sri Seshadri Swami's Sandesh....**

Light - 10

Quarterly Newsletter : January - March 2016

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## INCREDIBLE JOY OF SATHGURU POOJA RADIATES AS IMMENSE BENEFITS OF ASHTABAIRAVA POOJA DOMINATES

Human life is filled with cyclic emotions - joy and sorrow, stress and relief, ups and downs, highs and lows, rain and sun. As we pray to the five elements their anger will subside; the disasters will be reduced and balance will be restored. When evil and injustice abound natural disasters happen to topple the balanced lives of people. Bureaucrats and officials become indifferent and turn a blind eye. They even become power crazy and arrogant, failing to realize the sorrows of the common man. They seem to take the right decisions at the wrong time or the wrong ones at the right time.

'People follow the King' -is the popular belief. Whichever is the ruling party, they are obliged to protect the people and provide with comforts for them. This happens to be their primary responsibility. Failing to plan on time and strategize at the critical times and then blaming it as a natural disaster is not fair. None can be so utterly irresponsible and escape their obligations.

Be it the ruling party - regional or national, we need to understand that they are people too! The planetary influences especially the 'Navagraha effects' cannot be avoided by anyone. These calamities are not Chennai specific; it is going to continue wherever there are river basins.

The divine seems to be throwing a message of caution but humanity is ignoring it. 'Do not be corrupt' - is the word of warning from up above, but 'I shall be corrupt' - is the tantrum thrown by mankind. We cannot afford to forget that nature and its energies are controlled by a divine hand. From the lessons learnt in the past, there are many who need to correct their ways. The Siddhars are cautioning us that if lessons are not learnt and executed we have to face dire consequences of further calamities.

To alleviate people from the effects of calamities and to prevent such occurrences further, we are offering poojas to propitiate the Divine at the behest of Sathguru Sri Seshadri Swamigal; a special pooja for the five elements (pancha bhootas) to cool down their seething anger is being done. Our 18 siddhars with their great foresight have established the powers of the five elements around the Sri Chakra Maha Meru made out of green granite. Their powers do not stop there....

Our Idaikadar Siddhar had the powers

to line up all the Navagrahas and put them to sleep to avoid a famine and drought. Despite the havoc caused elsewhere it is a miracle that the place around the Siddhar Peetam has been least affected. This calamity indicates that it is not enough to just have devotion; strength is also required to face the anger of a disaster. To calm and pacify these roiling elements; to bring a balance to the environment and the elements and to lead an enlightened life, we are going to perform Guru Pooja on 2nd and 3rd January 2016 at our Shakthi peedam, under my humble

efforts and leadership, guided by Sathguru Sri Seshadri Swamigal.

We shall be conducting 18 Siddhar Havan in a dedicated manner. It is recommended that those who have been devastated by the calamity and the rest who were not so affected can participate in the Havan enthusiastically to gain peace and prosperity.

Further prediction says that, Mumbai, the land of Mahalakshmi is likely to face such a natural disaster next year. To avert this and come out of it, we have proposed to do a special Surya Havan and Ashta Bhairava Havan; this will remove the fears

from the minds of people. On the 14th of February 2016 these Havans will be performed at Vani Vidyalaya School, Mumbai Mulund Bhajan Samaj from 6.00 a.m to 2.00 p.m.

We have a high regard for the people of Mumbai and our patrons there. They are filled with positive thoughts and are steeped in a sense of fairness, justice and Dharma. We recommend and welcome you to participate in the Seshadri Swamigal Aradhana, Guru pooja, and various Havans. We sincerely state that all your desires shall be fulfilled and miracles will be experienced.

We would like to bring to your notice that because of the heavy rains in Chennai our Shree Matha Ghoshala cows are facing scarcity for hay and green grass. "Let's destroy this world even if one man goes hungry", was poet Barathi's passionate call! These cows cannot voice out their needs except through their pathetic cries. A moment's thought and sympathy would make you contribute towards their cause.

When you give a handful of grass and call out to the cows, they would come jumping ahead eagerly to be hand-fed. Similarly Siddhars' blessings will come searching into your homes. Do partake and enjoy the benediction!

- **Guruji KVLN Sharma**

**Wishing all devotees and readers a Happy New year 2016.**

## EDITOR'S DESK



Dear Readers, Probably for the first time, Chennai & Tamilnadu were in the center of news, nationally & internationally, for an event that transpired almost after 100+ years; the Floods! Normalcy will take time, as it has had a toll in life & property in varying proportions to every citizen in those areas... While help is slowly pouring in from the government & private institutions & individuals, we at Sathguru Sri Seshadri Swamigal Trust [SSSBT] will be performing a very special HAVANS: **PANCHA BHOODHA SANTHI** scheduled on 9th January 2016 at our temple in Madambakkam in Chennai along with the **SIDDHAR VELVI HAVAN** & the **RAHU + KETU HAVAN** will also be performed on 8th Jan in order to make it more impactful! Our Guruji Sri. KVLN Sharma under divine instructions from our Sathguru shall be personally supervising the same in the month of Margazhi (Dec 14 - Jan 14) which is considered to be very auspicious for religious services.

Join us as we bring in the New Year 2016 by partaking in our Aradhana function on 2nd and 3rd Jan 16. All those

who felt the power of our Sathguru for their safety, during the trying times of the natural adversity which struck many households, this would be an ideal time for thanksgiving by partaking in the havans. For those who have temporarily shifted their base from Chennai / TN to Mumbai / Maharashtra to their relatives, would be happy to note that the Mumbai Chapter of the SSSSBT Trust shall be performing Sri Suryanarayana havan, Sri Ashta Bhairavars' havan and Sri Nakula Saraswati puja on 14th Feb 16, Sunday at Vani Vidhyalaya, Mulund (W) from 6.30 am onwards followed by Annadanam. Guruji Sri KVLN Sharma will be especially in Mumbai to supervise the same.

**Sri Suryanarayana Havan** is performed primarily focusing on pacifying the Sun planet to reduce complications in human life in an effective manner. It is a vital nakshatra in the natal chart and also the ruler of the planet systems which helps in experiencing positive energy levels to live a successful life!

**Sri Ashta Bhairavars Havan** is Lord Shiva in eight forms that control the 8 directions of this world. He is a fiery deity but filled with compassion for the entire

universe. These Astha Bhairavars are identified with Astha Mathas / Mothers: Brahmani, Maheshwari, Vaishnavi, Varahi, Kaumari, Indrani, Narsimhi & Chamundi. Those partaking can be benefitted with Ashta - Aishwarya, which removes all obstacles especially regarding marriage! Sri Nakula Saraswati Pooja is done to please the Goddess Saraswati, who is the custodian of the 64 important arts. She is also Brahma's consort and the custodian of all arts and skills.

### Important Note:

The proceeds of this havan will go towards:

Renovation of our BALALAYAM, damaged during the recent unprecedented rains. The Balalayam was the "Adipeetam" and was housing the 18 Siddhars till the main temple was constructed in 2004; where the cosmic energy is stored, Feeding the poor, Cow feeding, Free Medical Camps, Distribution of Free Medicines, R.O. plant for purified drinking water which has become a basic necessity.

Life greets us with challenges & mysteries and certain thoughts need clarity and answers to the questions of our journey in life ahead! World renowned

divine astrologer with over 36 years of successful practice Sri KVLN Sharma will be in Mumbai for professional consultancy and accurate Astrological predictions between 31st Jan 16 to 8th Feb from 10 am to 8 pm at Andheri (E). He is also founder of Guru Computer Jyotidam in 1989!

We have recently included Drawing Classes for the children & young at heart with artistic inclinations! Every Hastha Puja since 7th March 2015, we have been doing annadanam. Readers who want to volunteer for annadanam or contribute a small amount towards the the same, are most welcome. After all it is considered as the noblest of all the daan's one can do! You may contact us on:

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## Reverence to Nature Pays



Hello my dear little friends. Time flies and we once again meet. Last issue we had written about faith and trust and how faith strengthens the trust. Our faith and trust was really tested in Chennai early in the beginning of the December month by the massive deluge due to very heavy rains experienced in almost 100 years!

As Children you might not be able to grasp what is happening around you. But I must educate you about the reason which caused the problems due to which State faced miseries and which is only due to mishandling of nature. We for our convenience change the surroundings according to our taste and desire. Nature is all powerful and supreme. Man due to his ignorance and arrogance think that he is all powerful and greater than his Creator. Hinduism has often been coined as an "environmental friendly" religion. Hindus regard everything around them as pervaded by a subtle divine presence, may it be rivers, mountains, lakes, animals, flora, the mineral world, as well as the stars and planets. It is so because the Divine reality is present as Prana/Shakti energy, power, in every manifestation of matter. It is its very fabric. Just like the sparks of a fire are of the same essence as the fire they are issued forth from, so is the entire creation, of the same essence as the Divine. Just as Hindus greet each other saying "Namaste", which means: I recognize and salute the Divine within you, so do they recognize the same Divine essence, in all around them.

Hinduism has always been an environmentally sensitive philosophy. No religion, perhaps, lays as much emphasis on environmental ethics as Hinduism. The rishis of the past have always had a great respect for nature. Theirs was not a superstitious primitive theology. They perceived that all material manifestations are a shadow of the spiritual. The Bhagavad Gita advises us not to try to change the environment, improve it, or wrestle with it. If it seems hostile at times tolerate it. Ecology is an inherent part of a spiritual world view in Hinduism. Nature is also used in curing many diseases. Ayurveda, the science of life, which is a complete health and medicine system based on nature and its regenerating forces. We also have Vastu Shastra, upon which the now well-known Feng Shui is based. Vastu, teaches us how to place and build dwellings, according to the environment it is situated in. It is done in such a way that the surroundings are not damaged by the building's presence, and so that all the natural energies are flowing uninterrupted and freely, providing comfort, peace and prosperity for the dwellers.

Throughout the long history of India, Hindus have shared a fascination with, and respect for, Nature and animals. This attitude went beyond the usefulness. It had to do with reverence for all of God's creation. Our ancestors worshipped trees, rivers, birds and stones and connected to the universal principle through Shiva. As we are growing more

materialistic, we are losing this connection. Our ancestors saw Nature as being a manifestation of God. There was, therefore, a gratitude towards nature.

The harvest festival is celebrated by farmers all over Maharashtra and is called Pola festival, something similar to Tamilnadu's Maatu Pongal. On this day bullocks, which are an integral part of the agricultural chores and consequently the village economy, are honored. They are bathed, colorfully decorated and taken out in processions across the village, accompanied by the music of drumbeats and lezhim. Pola brings out an important facet of Hindu culture, which does not look upon cattle as mere beasts of burden, but treats them with dignity and gratitude.

Let me explain this importance of nature from a simple story from Sri Bhagavadam. There is an interesting story in the Bhagwata and other Puranas about Shri Krishna lifting the 'Govardhan Parvat' or Govardhan Hill when he was only a small child. This is told only to inform you all how Nature was worshipped in olden times.

Request everyone to take a vow to take care of nature and our surroundings and make Mother Earth a better place to live.

We were asked by our Guruji to pray to the to the presiding deities of the 8 quarters (Ashtadikbalagas) of this Universe to mitigate the problems being caused due to these floods and natural calamities to Chennai and surrounding districts of Tamilnadu. The Ashtadikbalagas are Indra, Agni, Yama, Nirurti, Varuna, Vayu, Kubera and Ishanah. Guruji prayed to Sathguru who has told him the remedial measures to prevent further damage and special poojas are going to be undertaken on 9th January 2016. We are going to do special poojas for the Panchabhoodhas - Sky, Water, Air, Earth and Agni. Special Pooja and Havan to the Enlightened Siddha Purusha - Sri Edai Kadar Siddhar, Special poojas to Sri Hanuman, Sri Sathguru apart from daily annadanam and goshala Pooja. If we do these special poojas and propitiate these Panchabhoodhas, everything will return back to normal. Request one and all through this newsletter, to help to donate to this cause and participate in this special Pooja. Immediately after this we are doing a Havan in Mumbai on February, 14th 2016, the details of which is given elsewhere in this newsletter.

**Moral:** We need to respect nature, our surroundings and not play with it by changing, destructing the available present natural surroundings.

**By praying to Sri Idaikaadar Siddhar during the annual Aradhana functions on 2nd & 3rd January in our Madampakkam temple, the planetary positions have aligned and has created a favorable climatic condition for Chennai & TN!**

**Lets all chant "OM SHREEM IDAIKAADAR SIDDHAR SWAMIYE NAMAHA" daily to get better memory power.**

Goodbye little ones till me meet next.  
**Seshadri mama.**

## Events Unfold Under Mahan's Hidden Grace



AS written earlier my first job was in finance by pledging BPL and I switched over to a new Company floated by one of the BPL senior executive. I was stationed in Mumbai; after a few years of working in a different Company, started my own Company DUPLITS ELECTRONICS PVT.LTD., in the year 1988. It so happened that the second Company EMD where I worked for 5 years was taken over by Muthia Chettiar, ran for a year and closed, came for sale. My partner Mr. Balu who was in Chennai called me to inform me of the details. I went to Chennai to negotiate the details and approved buying of the company. Another Company which was being run by my classmate in Pollachi also needed attention. We negotiated about that Company and purchased that also. A new Company was floated taking over the Chennai and Pollachi Companies., The Pollachi Unit ,was making Defence Products which was useful to us. Chennai Company was making Multimeter 520 which incidentally is my Email ID.

After amalgamating the Companies it was found that the government was promoting jointly, Electronic Companies with 50% Share holding. We approached the Govt. floated a Public Limited Company and took land at Sholinga Nallur, started the Company but could not achieve the desired turnover and soon became NPA. SIPCOT filed a suit to recover Rs.125 lakh that was later compromised at Rs.69 lakh by cutting interest and penalty portion. The Company never took off financially. Our borrowed funds, were stuck and could not come out of the trap. Since I was in Mumbai, major suffering was by our Chennai partner.

Finally during 2009 SIPCOT ADVISED for auction of our Sholinga Nallur factory. The highest bid was Rs.35 lakhs That meant the balance amount of 90 lacs would have to be recovered from Directors i.e Mr. Balu and me. We kept our cool and due to the fact that the executives in SIPCOT who were processing the file were either junior or senior to my partner Mr. Balu. That took care of major problem and kept the file dormant for a few years. He was advised to advertise the sale and payback the money; this helped.

But during this tenure no buyer was coming forward. We were neck deep with Sales Tax and PF defaults. The Limited Company could not be closed since 50% shares were held by Government. Any voluntary closure meant that we had to clear government share holding which was at Rs.35 lacs along with 15% interest p.a.for nearly 12-15 years. This was not at all possible by us.

Mr. Balu has a small unit in Thiruvanniyur where we were doing the manufacturing for the Limited Company which was called EMD Instruments & Electronics Limited. This also helped us.

Defence orders were coming in slowly and we were able to give salaries and pay other Govt. liabilities. Slowly the Company started picking up. We tried all methods, bringing in new products etc., but nothing could be done since finance was a bottleneck. Arrangements for major

homes, land etc and tried to keep company functioning was done. We slowly closed the gap of payments of ST & PF statutory payments.

Mr. Balu, in the meanwhile tried to sell the land to fulfill SIPCOT obligations. Bank loans were also settled. All activities were done from personal finance. While on the subject of selling the pledged property during 2004-2006 we encountered various problems of cost overrun, interest etc.

Be that as it was, whenever I visit Chennai, especially after joining the TRUST, I go to Sathguru's Madambakkam Temple.

During one such visit to Chennai, I went to Mr. Balu's house in Thiruvanniyur. It was a Sunday and also the Amavasya day. Mr. Balu was waiting for a buyer who promised to buy our factory building at Sholinga Nallur. I was also with him. After about 4-5 hours of waiting we concluded that the buyer would not then turn up. Thereafter, I asked Mr. Balu to take me to Madambakkam Temple and drop me back, since he had a vehicle.

Mr. Balu by nature did not visit temples but when called upon does not refuse. His deeds are correct; does not harm anyone knowingly and was of helping nature. He agreed to drop and get me back. We proceeded to Madambakkam Temple. I went ahead with my rounds and had meeting with our Gururiji Sharmaji.

Meanwhile, Mr. Balu was sitting right in front of Seshadri Swamigal in the temple. Thoughts must have been going on, in his mind about factory, its sale, coming out of problems etc, in the calmness of place, though he remained quiet. After my work we returned, he dropped me at my place and went to his house. I left for Mumbai on a Monday while he left for Bangalore to return on Thursday morning. He gave me a call on Thursday to inform me that our CA Firm auditor had offered to buy the factory and asked for price. We wanted Rs.85 lacs and told him so; by that, we could settle the SIPCOT compromise amount of Rs.65 lakh with the balance, payment could be given to personal creditors. The CA agreed for the price without further discussion; without any demur or haggling on the price. We were told that by Monday cheque for SIPCOT would be given while the balance, after receipt of documents from SIPCOT were collected. This was major turning point.

For us, this was a miracle. For five years we were trying hard to dispose of the factory and now in a week's time after Mr Balu visiting Madambakkam temple, this had happened.

Now the Chennai Company is doing well. Statutory liabilities are cleared. Order book is full and the company started making profits. In fact we are withdrawing small amount for maintenance. On this note, I conclude my narration with my salutation to Sathguru for HIS grace.

To be continued...  
**- Raman Iyer, Mumbai**

### Sri Sessa Oli Advertisement Tariff

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### SRI SESHOLI The light divine

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## Omniscient Sri Kaduveli Siddhar Reveals Mysticism



Siddhars offer us wisdom, redeem us from the perils of world and our misdeeds and show us the path for sublimation. Maya the illusion envelops the mankind and the universe, leads to mystery that shrouds the illuminating power of the siddhars who with their mystic sense rewrite the destiny of the people. They who seek and surrender unto the Siddhars, especially Sri Kaduveli Siddhar are sure to ascend the Iha and Para lokams and bring solace to the mankind; choose the righteous path for enlightenment, work towards release from the worldly bondages and sustain for the spiritual uplift of every soul in the universe.

'Veli' in Tamil represents space, one of the five basic elements of nature, permeates it and indicates both the emptiness and fullness of the universe. But it is not easy to comprehend the beauty of its presence that attracts the minds of the seekers. Kaduveli Nathar explains to us the ramifications of nature and its constituents as a guru who shows the LIGHT to the path of redemption, like the words of the endearing father to a son! He says one cannot ignore the precept of the Guru: "Meigguru Chor Kadakkathay! - do not go beyond the advice of the Guru." He also mentions that we should practise pleasing speech and behaviour causing no evil to others. With this, He tells the mankind, that it will be easy to attain the Godhead, without wasting the opportunity for goodness and by abandoning bad ways.

He sings in his famous Kaduveli Siddhar Paadalgal -

**"Aanmaavaal Aadidum Aattam-  
Degathu Aanma Attrapothey  
Aam Udalvaattam Vaangathi Meediley  
Naattam -  
Naalum Vaiyil Unakku Varume  
Kondattam"**

In this he explains that the Aatma that enters the body keeps it engaged and the

moment the Aatma exits it the body fades. So realise that aiming to beget the "Veeduperu" - Moksha brings you bliss, once cycle of birth and death is overcome.

One who is in this world must, therefore, aim to attain the highest level of evolution in this birth by following the precepts of Kaduveli Siddhar whom we should invoke with following Dhyaana Slokam:-

**Sudum Veyyilil Kaduveliyil  
EnindaVaazhkai  
Ena Ekandamaai Ekkalitha  
Sadaimudi Swamiye!  
Vidai Theriya Paadhayil Veerappai  
Nadai Podum Emmai  
Kaipidithu Karai Serppai Kaduveli  
Naadare!**

In this prayer, we address Kaduveli Siddhar thus - 'in the hot sun and in the open spaces or forests, why do I live- thus you laugh at me in silence, Oh Swami with the matted hair! On the path, leading us to nowhere, we haughtily walk across; oh Lord of the forests! Despite this please lead us by holding our hands to get through to the banks ( to safety) to save us.'

So, let's begin in earnest our prayers to Sri Kaduvelinathar Siddhar; we should install in the altar at our home to bring in the divinity to seek unison with Him. For this, we need to properly seek his blessings to attain success in the purpose of our lives and activities. Let us pray unto him and let's start our worship at a holy place, cleaned and decorated, especially on a Sunday. The Image or portrait of Kaduvelinathar Siddhar is mounted on a wooden platform smeared with turmeric and adorned with Kolam designs. Sri Kaduveli Siddhar decorated with turmeric, sandal paste and kumkum-(vermillion). Fragrant garlands are placed around the picture with other flowers for offering. The lighted oil lamps - Kuthuvilakku - add to the sacred and poignant atmosphere to instill the presence of the Siddhar. He is dressed

and draped with rose or pink cloth. He is offered the famous 16 Pottris as part of archana, along with coconut, and flowers, jasmine, sampanki, green marukkozhundu leaves and sacred ash for the pooja. Archana is also performed with thumbaipoo, kuruthupoo and vilvadalam. Moola mantram of the Siddhar- " Om Labum runamNaseem Shree Kaduveli Siddhar Swamiye Pottri" - is recited a 108 times to invoke him our hearts. Let us also think of him and his power to improve our lives. Thereafter offerings of Kadukkai theertham( broken kadukkai soaked in water and filtered ) are made to him The pooja is concluded with offering of soulful prayers and Mangala Aarathi.



SRI KADUVELI SIDDHAR

The origin and history of Sri Kaduvelinathar remain obscure, except that he hailed from a place called Kaduveli in the kingdom of the Chola kings. He is said to have attained Liberation at Kanchipuram. Full of mysticism and spiritual content, his poems are both poignant and potent and have ever remained very popular. They are a Guru's message for the benefit of a student on the spiritual path.

Sri kaduveli Siddhar manifesting the Sun in the Navagraha mandala bestows perennially all the gains that the Sun gives the mankind - light, warmth, health, energy and power - in effect the real wealth through the year. For those who suffer from the ill or negative effects of the sun in their natal chart, worship of Sri

Kaduveli Siddhar brings good results minimizing the inflicting effects. Ancestral disaffection, coming to us as curses through various births, is eliminated. Relationships, especially between Father and his children, son or daughter, improves while disputes over ancestral properties are resolved. Those with talents are suitably recognized and rewarded. Fame follows and for politicians victory comes their way. Health is improved when heart problems and those due to heat within the body are cured.

The sixteen pottris or hymns of Sri Kaduveli Siddhar help us to constantly meditate upon him and bring us close to Him.

Kaduveli Siddhar, who is the embodiment of Lord Shiva, is adorned with matted hair and He revels in the sacred mantra 'OM Labum RunamNaseem Bheeja Akshara.' Even as a Siddhar, He adores lord Vinayaka and resides in the forests. He himself performs worship of the Divine across the universe during his visits and loves movement or transmigration.

He is multi-hued or belongs to a class, wearing the ochre clothing, symbolizing the renounced state. He, who is fond of Vilva leaves, shows us the path of wisdom or righteous living. In the process, removes our sorrows and difficulties. A kind siddhar he is, He is one who speaks sweet words or gifted with pleasing speech. With his keen interest in medicines and medicare, He is the one who protects all the living creatures.

Let's worship and remember the Swami called Kaduveli Siddhar who always roams over open spaces or forever is present in the ethereal domain.

If only we dedicate ourselves to the thought of the Siddhar or understand the mystic that He is, we are sure to find our path in this world to lead a glorious life, fulfilled with service and joy to benefit the people at large.

- V. Narayanan

## Devi's Divine Manifestations

### "DASA MAHA VIDYA" - 2

We have seen in part I of the article on Dasa Maha Vidya as to how omnipotent and Omnipresent Brahman is worshipped as mother in the various forms known as Dasa Maha Vidya. The first form is Kali symbol of Time manifest and unmanifest. Her complimentary partner is Chinna Masta the one going beyond her head Ida, Pingala and Sushumna Nadis.

#### TARA

The second form is Tara the one who helps everybody to cross over the ocean of Samsara - Tara is the savior and symbolizes the divine sound "Om"- manifest and unmanifest. When the universe compresses itself due to gravitational power of the atoms in the matter, the gravity becomes so dense that the earth becomes the size of a football. The gravity is so heavy that even light cannot escape its pull and thus appears as a mere black hole. This black hole goes on devouring everything within its reach, including stars and planets and galaxies. The matter remains in the stage for millions of years and our scripture describe this stage as "Brahma's night" or "Pralaya". When the gravitation becomes too heavy for the matter to bear, the entire matter is again disbursed into space with a big bong and the play of creation or Prabhava and starts again by forming gas balls, stars, planets etc. This is described in our scriptures as "Brahmans Day". The sound of Big bong travels with the matter as the divine sound "Om".

Tara is this divine sound "Om" and

represents creation. This sound added to any mantra makes it doubly effective irrespective of the knowledge, power or position of the devotees uttering it and benefits everyone equally. Even though Hinduism has so many sects and divisions, Om, the saviour is respected by every sect uniformly. Even to Buddhism, it is equally divine and worship of Tara is also very wide spread in Buddhism. She is considered as the consort of Avalokiteswar the benevolent god that looks at all his people with love and compassion. Since "Om" reveals the divine truth, Tara is considered as a guru. Devi being Bhasha Roopi, she resides in human beings in various nerve centres or chakras and as per "Lalitha Sahasranama", she is: "Para pratyak chiti rupa, Pashyanti Para devata, Madhyama Vaikhari Rupa."

Para is being going beyond our awareness and the divine sound of Om that give us spiritual strength. The location in the body is Swadhishtan. When it rises due to Sadhana, we become slightly aware of the divinity in Manipur chakra (Naval) and there she is called "Pasyanti". Madhyama is where we manipulate our thoughts in Anahat Chakra (heart) and Vaikhari is in Vishuddhi chakra at throat. Para and Pashyanti are forms of Tara, whereas Madhyama and Vaikhari are the forms of Matangi, the ninth form of Dasa Maha Vidya. Tara is a transformation of Kali (Time or life force). Like Kali, she is wearing a garland of skulls, and has matted hair that indicates sound vibrations or naada. She is adorned by eight serpents, showing her

eight siddhis. Her scissors show the ability to cut off attachments. The lotus flower in her hand shows her open heart. Tara is consort of Shiva as Gauri is in her benevolent form, representing pure light and knowledge beyond all ignorance. Tara in her fierce form is called Ugra Saraswati, which is the protective and destructive power of speech. She ensures that our victory on debates provided we are on the side of truth. She manifests as life force even in out breathing as "So-ham". Her Beeja mantra is "Om" and the seer of this Taraka Mantra is Rishi Akshobya a form of Lord Shiva, and the mantra takes us to our inner self.

#### MATANGI

Mata Maragatha Shyama, Matangi Madasalini, Katakshayatu Kalyani Kadamba Vana vasini Shyamala Dandakam.

Matangi is the ninth of Dasa Maha Vidya. She is complimentary to Tara, the divine sound Om. She also represents sound, language, art and literature. Being Vaikhari the spoken word, while Tara is Para and beyond our comprehension and arises from Swadhshtan and Manipur chakras. Matangi is Madhyama and Vaikhari, arising from Anahat (heart) chakra and Vishuddhi (throat) chakra, where we are aware of our thoughts and speak out from mouth. She is also at the tip of our tongue, forming words and languages creating Vedas scriptures, literature and music. In this aspect she is like Saraswati. Whereas Saraswati represents the approved path of learning

and knowledge. Matangi, the spoken word can be wild with imagination representing the wild quest rising from heart, so she is full of Mata (intoxication) and hence is called Matangi. Mata also means opinion. Since Vaikhari, the spoken word has limitation to indicate the ultimate truth; she is shown of dark emerald colour. This colour is similar to Budha planet, the planet of wisdom.

Matangi is the daughter of Matanga muni. Matangi also means elephant and as Ganesha. She is worshipped before starting any learnings or ventures. She is Mantrini to Aadi Parashakti, being her advisor. Matangi wears Pasa (rope), Ankusha (trident), Dhanush (bow) and arrows in her four hands. She has a crescent moon on her hair and plays an emerald veena.

Maanikyaveenaam muphalaalayamteem, Madaalasaam manjula vaagyilaasaam Mahendra neeladyuthi komalaangeem, Maatamgakanyaam manasaa smaraami Matangi's Bheeja mantra is "Aim" (ayem) lime that of Saraswati, which arises from Vishuddhi chakra. She can be worshipped by reciting vedas and holi scriptures or by Sanskrit alphabets starting from vowels or by playing music or singing songs.

- Smt. Balambal Balasubramanian





**Mesha Rasi - ARIES**  
(ASWINI; BHARANI;  
KRITIKA - Padam 1)

**January**

The beginning of the month finds the lord of your house in the Kendra position. Husband and wife must have a give and take policy. You need to be careful with your love matters. You have to be careful while traveling because of the influence of Ashtama Sani. Employees are likely to have a financial crunch. Businessmen and industrialists will have reasonable profits. Women should pay attention to their health. Students may have some issues with their studies but it will be resolved. Artistes will have some unexpected good news. Politicians will get into some alleged charges. Farmers may get reasonable compensation for their losses. This will be an average month.

**Lucky no: 5; Color: green; Day: Wednesday; Direction: North east; Deity: Anjaneya on Saturday; Siddargal: Sri Kapilar and Sri Karuvoorar on Saturdays; Chandrashtamam: 5th-8th. Avoid important decisions.**

**February**

The beginning of the month finds the lord of your house in the seventh house. You have Chandra mangala Yogam. You will gain some new properties. Love marriage is in the air. Employees need to be careful with their financial matters. Businessmen and industrialists will have to spend more than their profits. Stay warned. There will be good marital compatibility. Women will have a happy month. Students may have some progress towards the second half of the month. Artistes may undertake pilgrimage. Politicians will get into tangles in their future. Farmers may get reasonable profits towards the second half of the month. This month will bring glad tidings towards the second half.

**Lucky no: 5; Color: green; Day: Wednesday; Direction: North east; Deity: Rajakali amman on Fridays; Siddargal: Sri Kakabujandar and Sri Agapei on Thursdays; Chandrashtamam: 1st-4th and 29th and upto 2nd March. Avoid important decisions.**

**March**

The beginning of the month finds the lord of your house in a dominant position. You have the influence of 71/2 Saturn. You need to be careful when you travel. Husband and wife must have a give and take policy. Employees are likely to have a change of location or job. Businessmen and industrialists will have to avoid borrowing for business. Women are likely to travel abroad. Students will progress in their studies. Politicians might be punished by the government. Farmers may get some relief in the first half of the month. This will be an average month.

**Lucky no: 9; Color: Coral; Day: Tuesday; Direction: South; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Kakabujandar and Sri Agapei on Thursdays; Chandrashtamam: 27th-30th. Avoid important decisions.**

**Rishabha Rasi -TAURUS**  
(KRITHIKA - Padam 2,3,4;  
ROHINI; MRIGASIRAS -  
Padam 1,2)



**January 2016**

The beginning of the month finds the lord of your house in the seventh house. You have the influence of Kandaga Sani. You may face unnecessary mental anxieties. You

need to stay warned about fixing marriages. Husband and wife may have some small skirmishes but it will be resolved. Employees should not rush into quick decisions. Businessmen and industrialists will have reasonable profits. Women will stand to gain by foreign travels. Students may have opportunities to study abroad. Artistes will have progress in their profession. Politicians will have to maintain patience. Farmers may gain in the second half of the month. This month will bring some happy tidings in the second half.

**Lucky no: 3; Color: Yellow; Day: Thursday; Direction: North ; Deity: Rajakali amman on Fridays; Siddargal: Sri Kanjamalai and Sri Chennimalai on Saturdays; Chandrashtamam: 7th-10th . Avoid important decisions.**

**February**

The beginning of the month finds the lord of your house in the eighth house. You will have mental anxieties unnecessarily. Do not get caught in the illusion of Maya. You are likely to face financial losses. Husband and wife will have some skirmishes but it will be resolved. Employees should not take impulsive decisions. Businessmen and industrialists will face some loss in profits. Women should pay attention to their health. Some of them may even need a surgery. Students may have some issues with distraction. Politicians will face some medical expenses. Farmers may get average profits. This will be a reasonably average month if propitiations are done.

**Lucky no: 6; Color: grey; Day: Friday; Direction: South east; Deity: Anjaneya on Saturday; Siddargal: Sri Kakabujandar and Sri Agapei on Thursdays; Chandrashtamam: 4th-6th. Avoid important decisions.**

**March**

The beginning of the month finds the lord of your house in the ninth house. You will have mental anxieties unnecessarily. Do not get into new ventures. You are likely to face financial losses. Employees may have some unexpected turns. Businessmen and industrialists will have reasonable profits. Women will receive good news from abroad. Students may have some chances to study abroad. Television artistes will stand to gain. Politicians will face sudden financial losses. Farmers may get average profits. This month will be good in the second half.

**Lucky no: 5; Color: green; Day: Wednesday; Direction: North east; Deity: Nagarajan on Sundays; Siddargal: Sri Azhaguni and Sri pambatti on Sundays; Chandrashtamam: 2nd-4th and 30th and April 1st . Avoid important decisions.**



**Mithuna Rasi - GEMINI**  
(MRIGASIRAS - Padam 3, 4;  
AARDRA; PUNARVASU -  
Padam 1,2,3)

**January**

The beginning of the month finds the lord of your house in the eighth house. You need to observe patience. You are likely to face financial losses. Employees will progress in their jobs. Businessmen and industrialists will gain some profits. Women should pay attention to their health. Students will do well in their studies. Artistes will do well in their profession. Politicians will be troubled by conspiracies. Farmers may get grand profits in the first half of the month. This will be a reasonably average month in the second half.

**Lucky no: 9; Color: Coral; Day:**

**Tuesday; Direction: South; Deity: Lord Muruga on Tuesdays; Siddargal: Sri Mahabogar and Sri Pulipani on Tuesdays; Chandrashtamam: 10th-12th. Avoid important decisions.**

**February**

The beginning of the month finds the lord of your house in the seventh house. You have to be careful with your financial matters. Husband and wife will have good compatibility. Employees may have a sudden relocation. Businessmen and industrialists should avoid borrowing money for business. Women will find joy in new acquaintances. Students will do well. Artistes will gain by foreign tours. Politicians will face some confusion but will come out of it. Farmers will get compensation for their losses. This will be a reasonably average month in the first half.

**Lucky no: 5; Color: green; Day: Wednesday; Direction: North east; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Kanjamalai and Sri Chennimalai on Fridays; Chandrashtamam: 6th-8th . Avoid important decisions.**

**March**

The beginning of the month finds the lord of your house in the eighth house. You will have mental anxieties unnecessarily but they will be resolved. Do not spend money unnecessarily. Employees should not take up new ventures. Businessmen and industrialists will gain reasonable profits. Women will invest in new things. Students will stand to gain through new friends. Artistes will enjoy foreign travels. Politicians will have to function carefully. Farmers may get good profits in the second half of the month. This will be a reasonably average month and there will be 60% gains.

**Lucky no: 6; Color: grey; Day: Friday; Direction: South east; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Kakabujandar and Sri Agapei on Thursdays; Chandrashtamam: 4th-7th. Avoid important decisions.**

**Kataka Rasi - CANCER**  
(PUNARVASU - Padam 4 ;  
PUSHYA; ASHLESHA)



**January**

The beginning of the month finds the lord of your house in the second house. Your mental anxieties will be relieved. Employees must pay attention to their communication. Businessmen and industrialists will gain average profits. Sea trades will add more profits. Women will find joy in their family. Students may have some unexpected good turns. Artistes will gain through new ventures. Politicians need to avoid foreign travels. Farmers may get average profits. This will be a reasonably average month in the first half.

**Lucky no: 2; Color: White; Day: Monday; Direction: South west; Deity: Rajakali amman on Fridays; Siddargal: Sri Kapilar and Sri Karuvoorar on Saturdays; Chandrashtamam: 12th-14th. Avoid important decisions.**

**February**

The beginning of the month finds the lord of your house in the Kendra position. Obstacles will become stepping stones. Marriage is in the air. You need to be cautious in your communication. Husband and wife will have to have a give and take policy. Employees will get unexpected good

turns. Businessmen and industrialists will gain profits through sea trade. Women will acquire new things. Students will get expected results in their studies. Television artistes in the field of music will rake in the profits. Politicians will gain through foreign travels. Farmers will invest in new vehicles. This will be a good month.

**Lucky no: 2; Color: White; Day: Monday; Direction: South West; Deity: Nagaraja on Fridays; Siddargal: Sri Azhaguni and Sri Pambattii on Sundays; Chandrashtamam: 8th-10th. Avoid important decisions.**

**March**

The beginning of the month finds the lord of your house in the fifth house. Love Marriage is in the air. You need to be cautious in your communication. Employees will get a good relocation. Businessmen and industrialists will gain unexpected profits. Women will acquire new clothes and jewels. Students will be happy. Artistes will enjoy support from the government. Politicians will have to be careful when they travel. Farmers will gain unexpectedly. This will be an average month.

**Lucky no: 9; Color: Coral; Day: Tuesday; Direction: South; Deity: Shakti Peeta Ganapathy on Saturdays; Siddargal: Sri Sattaimuni and Sri Kudamabai on Fridays; Chandrashtamam: 7th-9th . Avoid important decisions.**



**Simha Rasi - LEO**  
(MAGA ; PURVAPHALGUNI ;  
UTTRAPHALGUNI - Padam 1)

**January**

The beginning of the month finds the lord of your house in the fifth house. You will be relieved of your confusions. Love Marriage is in the air. Employees will enjoy promotion. There will be a good compatibility between husband and wife. Businessmen and industrialists will gain profits during the first half of the month. Women will acquire new clothes and jewels. Students will enjoy happy turns. Artistes will gain through foreign tours. Politicians will be honored. Farmers will have some unexpected yields. This will be a good month.

**Lucky no: 6; Color: Grey; Day: Friday; Direction: South East; Deity: Sree chakra Meru on Fridays; Siddargal: Sri Pattinathar and Sri Kaduvelii on Sundays; Chandrashtamam: 14th-16th. Avoid important decisions.**

**February**

The beginning of the month finds the lord of your house in the Roga Sthana. You need to be watchful of your health. You are advised to have a medical checkup. Employees will get into unnecessary mental disturbances. Businessmen and industrialists will experience a financial crunch. Women will acquire new things. Students will find progress. Movie Artistes will undertake foreign tours. Politicians may be expelled from their position and so they need to stay warned. Farmers will gain reasonably. This will be a good month in the first half.

**Lucky no: 6; Color: Grey; Day: Friday; Direction: South east; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Kakabujandar and Sri Agapei on Thursdays; Chandrashtamam: 10th-13th. Avoid important decisions.**

**March**

The beginning of the month finds the lord of your house in the seventh house. As you have Jupiter reigning (

Janma Guru) you will have to go through a lot of worries and anxieties. You will be caught up in the maya or illusions. You need to be careful with your financial issues. Employees should function with humility. Businessmen and industrialists should avoid borrowing money for business. Women will need to pay better attention to their health. Students will face some mental troubles but it shall soon be resolved. Artists should avoid fresh borrowings. Politicians may take up foreign tours. Farmers will gain lands. This will be a good month in the second half.

**Lucky no: 9; Color: Coral; Day: Tuesday; Direction: South; Deity: Anjaneya on Saturdays; Siddargal: Sri Karuvoor and Sri Kapilar on Saturdays; Chandrashtamam: 9th-11th . Avoid important decisions.**

**Kanya Rasi- VIRGO**  
(UTTRA PHALGUNI – Padam 2,3,4; HASTA; CHITRA- Padam1,2)



#### January

The beginning of the month finds the lord of your house is in the fifth house. Your Janma Rahu is on the move and so you shall be free of mental anxieties. Marriage obstacles shall be removed. Employees will have unexpected relocation. Businessmen and industrialists will gain through sea trade. Women may face issues related to the uterus. Students should have better focus in their studies. Artists will gain through new ventures. Politicians may gain better communication skills. Farmers will gain through the government. This will be a good month in the second half.

**Lucky no: 5; Color: Green; Day: Wednesday; Direction: North east; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Kakabujandar and Sri Agapei on Thursdays; Chandrashtamam: 16th-18th . Avoid important decisions.**

#### February

The beginning of the month finds the lord of your house is in the Sukha Sthana. There will be plenty of auspicious and joyous functions at home. Some of you may take up foreign travels. Husband and wife will have a good compatibility. Employees will stand to gain. Businessmen and industrialists will gain through sea trade. Women are likely to set up new business. Students will find progress and reach success. Artists will undertake and gain through foreign tours. Politicians may face threats from their enemies. Farmers will gain help and support. This will be a good month in the second half.

**Lucky no: 5; Color: Green; Day: Wednesday; Direction: North east; Deity: Shakthi Peeta Ganapathy on Saturdays; Siddargal: Sri Mahabogar and Sri Pulipani on Tuesdays; Chandrashtamam: 13th-15th. Avoid important decisions.**

#### March

The beginning of the month finds the lord of your house is in the fifth house. There will be plenty of auspicious and joyous functions at home. Marriage obstacles shall be removed. Employees will invest in new houses. Businessmen and industrialists will rake in grand profits. Women will suddenly gain money. Students may travel abroad. Musicians will stand to gain. Politicians may invest in new properties. Farmers will gain well. This will be a good month.

**Lucky no: 5; Color: Green; Day: Wednesday; Direction: North east; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Karuvoor and Sri Kapilar on Thursdays; Chandrashtamam: 11th-13th. Avoid important decisions.**



**Thula Rasi - LIBRA**  
(CHITRA - Padam 3,4; SWATI; VISAKA – Padam 1,2,3)

#### January

The beginning of the month finds the lord of your house in the second house. Marriage obstacles will be removed. Love is in the air. You stand to gain new employment. Employees will stand to gain. Married couples would have anxiety over children. Businessmen and industrialists will rake in grand profits. Women will gain because of new acquaintances. Students will progress well in their studies. Artists will stand to gain through foreign tours. Politicians may have a change of designation. This will be a good month.

**Lucky no: 6; Color: Grey; Day: Friday; Direction: South east; Deity: Anjaneya on Saturdays; Siddargal: Sri Karuvoor and Sri Kapilar on Saturdays; Chandrashtamam: 18th-20th . Avoid important decisions.**

#### February

The beginning of the month finds the lord of your house in the third house. You need to be cautious with your communication. Husband and wife will have a good compatibility. Employees will gain new designation. Businessmen and industrialists will rake in grand profits through sea trade. Women will have some recognition for their artistic abilities. Students will do well. Artists will invest in new properties. Politicians may face medical expenses. Farmers will face unnecessary expenses. This will be a month bringing in 80% good results.

**Lucky no: 2; Color: White; Day: Monday; Direction: South West; Deity: Nagaraja on Fridays; Siddargal: Sri Pambatti and Sri Azhaguni on Sundays; Chandrashtamam: 15th-17th. Avoid important decisions.**

#### March

The beginning of the month finds the lord of your house in the fourth house. Long pending issues shall be resolved in your favor. 71/2 Saturn's influence is present and so you shall face some minor issues but they shall be resolved. Employees will gain promotions. Businessmen and industrialists will rake in grand profits. Women will experience positive energy and enthusiasm. Students may gain through unexpected friends. Artists will buy new vehicles. Politicians should avoid unnecessary losses. Farmers will gain reasonable profits. This will be a good month.

**Lucky no: 6; Color: Grey; Day: Friday; Direction: South east; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Sattaimuni and Sri Kudambai on Thursdays; Chandrashtamam: 13th-15th. Avoid important decisions.**

**Vrischika Rasi - SCORPIO**  
(VISHAKA - Padam 4; ANURADHA; JYESHTA)



#### January

The beginning of the month finds the lord of your house in the twelfth house. Marriage obstacles shall be removed. Love is in the air. Marital compatibility will be good. Employees will get salary hikes and promotions. Businessmen and industrialists will rake in grand profits. Women will acquire new things. Students will do well. Television artists will stand to gain. Politicians will get new positions. Farmers will gain well. This will be a good month.

**Lucky no:1; Color: Rose; Day: Sunday; Direction: East; Deity: Anjaneya on Saturdays; Siddargal: Sri Karuvoor and Sri Kapilar on Saturdays; Chandrashtamam: 20th-23 . Avoid important decisions.**

#### February

The beginning of the month finds the lord of your house in the spending position. You have the influence of 71/2 Saturn. You need to be careful when you travel and while you speak to others. Employees shall face financial crunch. Businessmen and industrialists are advised to stay away from new ventures. Women will face anxieties because of their children. Students may travel abroad. Television artists will stand to gain. Politicians may be troubled by their siblings. Farmers should be careful while lending or borrowing money. This will be an average month.

**Lucky no:6; Color: Grey; Day: Friday; Direction: South east; Deity: Anjaneya on Saturdays; Siddargal: Sri Karuvoor and Sri Kapilar on Saturdays; Chandrashtamam: 17th-19th. Avoid important decisions.**

#### March

The beginning of the month finds the lord of your house in an exalted position. You have Neecha Banga Raja Yogam. Husband and wife should have a give and take policy. Employees should not get into new ventures. Businessmen and industrialists should practice caution. Women should take good care of their jewels and money. Students will progress well. Artists will stand to gain by foreign tours. Politicians will be punished by the government. Farmers will gain compensations. This will be a good month in the first half.

**Lucky no: 9; Color: Coral; Day: Tuesday; Direction: South; Deity: Sri Chakra Maha Meru on Full moon day; Siddargal: Sri Shiva Vakiyar and Sri Kailaya Kambali Sattaimuni on Mondays; Chandrashtamam: 15th-17th. Avoid important decisions.**



**Dhanur Rasi – SAGITTARIUS**  
(MOOLA ; PURVASHADA ; UTTRASHADA - Padam 1)

#### January

The beginning of the month finds the lord of your house in the ninth house. Obstacles shall be removed and resolved in your favor. Love marriage is in the air. Marital compatibility will be good. Employees will get new turns. Businessmen and industrialists will rake in grand profits in the first half of the month. Women will acquire new things. Students may travel abroad for their studies. Artists will stand to gain by new acquaintances. Politicians are warned that they may be troubled by their enemies. Farmers will gain well in the latter half of the month. This will be a good month.

**Lucky no: 5; Color: Green; Day: Wednesday; Direction: North east; Deity: Anjaneya on Saturdays; Siddargal: Sri Karuvoor and Sri Kapilar on Saturdays; Chandrashtamam: 23rd-25th . Avoid important decisions.**

#### February

The beginning of the month finds the lord of your house in the ninth house. Love marriage is in the air. Marital compatibility will be good. Employees will receive some good news. Businessmen and industrialists will rake in grand profits. Women will acquire new things. Students will progress. Artists will stand to gain by foreign tours. Politicians may face troubles related to properties. Farmers will be relieved of their debts. The first half of the month will be good.

**Lucky no: 2; Color: White; Day: Monday; Direction: South West; Deity: Anjaneya on Saturdays; Siddargal: Sri Karuvoor and Sri Kapilar on Sundays; Chandrashtamam: 19th-21st . Avoid important decisions.**

#### March

The beginning of the month finds the lord of your house in the profitable position. You will be blessed by saints. Marital compatibility will be good. Love marriage is in the air. Employees will undertake pilgrimage. Businessmen and industrialists should avoid debts in business. Women will suddenly gain money. Students may travel abroad. Artists will stand to gain through new acquaintances. Politicians may enjoy a sudden wind fall. Farmers will invest in new vehicles. This will be a good month.

**Lucky no: 5; Color: Green; Day: Wednesday; Direction: North east; Deity: Anjaneya on Saturdays; Siddargal: Sri Karuvoor and Sri Kapilar on Saturdays; Chandrashtamam: 17th-20th . Avoid important decisions.**

**Makara Rasi – CAPRICORN**  
(UTTRASHADA – Padam 2,3,4; SHRAVANA; DHANISHTA – Padam ,2)



#### January

The beginning of the month finds the lord of your house in a profitable position. You will face some financial crunch and so be careful. Employees will have an unexpected turn. Love marriage is in the air. Marital compatibility shall be good. Businessmen and industrialists will rake in grand profits in the latter half of the month. Women will suddenly gain money. Students may travel abroad. Artists will stand to gain through new acquaintances. Politicians will be honored. Farmers will gain support from the government. The latter half of the month will be good.

**Lucky no: 6; Color: Grey; Day: Friday; Direction: South east; Deity: Raajakali amman on Sundays; Siddargal: Sri Azhaguni and Sri pambatti on Sundays; Chandrashtamam: 25th-29th . Avoid important decisions.**

#### February

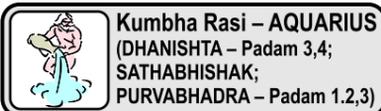
The beginning of the month finds the lord of your house in a profitable position. You will face some financial crunch and so be careful. Employees should practice caution. Some of you may get into preparations to travel abroad. Marital compatibility shall be as usual. Businessmen and industrialists will rake in grand profits through new ventures. Women will find joy in their lives. Students will find progress. Artists will start new ventures. Politicians will gain administrative skills. Farmers will gain sudden turns in their favor. The month will bring 75% good tidings.

**Lucky no: 6; Color: Grey; Day: Friday; Direction: South east; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Kakabujandar and Sri Agapei on Thursdays; Chandrashtamam: 21st-24th. Avoid important decisions.**

#### March

The beginning of the month finds the lord of your house in a profitable position. You will face some unexpected turning points. Employees will have unexpected good news. Marital compatibility shall be good. You need to be careful when you communicate. Businessmen and industrialists will invest in new properties. Women need to take good care of their health. Students may face some hurdles but be relieved of it. Television Artists will stand to gain. Politicians will get unexpected support. Farmers will invest in new vehicles. This month will be good.

**Lucky no: 9; Color: Coral; Day: Tuesday; Direction: South ; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Kakabujandar and Sri Agapei on Thursdays; Chandrashtamam: 20th-22nd . Avoid important decisions.**



**Kumbha Rasi – AQUARIUS**  
(DHANISHTA – Padam 3,4;  
SATHABHISHAK;  
PURVABHADRA – Padam 1,2,3)

**January**

The beginning of the month finds the lord of your house in the tenth house. Marriage obstacles will be removed. You will have some unexpected expenses. Employees should not take any impulsive decisions. Marital compatibility shall be good. Businessmen and industrialists should avoid debts for business. Women will suddenly gain some favors. Students should focus on their studies. Artistes will stand to gain through new acquaintances. Politicians will gain through foreign contacts. Farmers will gain in the first half of the month. The first half of the month will be good.

**Lucky no: 1; Color: Rose; Day: Sunday; Direction: East; Deity: Anjaneya on Saturdays; Siddargal: Sri Azhaguni and Sri pambatti on Sundays; Chandrashtamam: 27th-30th. Avoid important decisions.**

**February**

The beginning of the month finds the lord of your house in the tenth position. You will have joyous celebrations in your life. Obstacles will be removed. Employees will have a salary hike and promotion. Marital compatibility shall be good. Businessmen and

industrialists will rake in grand profits. Women will have their marriage obstacles removed. Students will progress well. Artistes will stand to gain in their profession. Politicians will gain due to new acquaintances. Farmers will gain new turns in their favor. The month will be good.

**Lucky no: 5; Color: Green; Day: Wednesday; Direction: North east; Deity: Dakshinamoorthy on Thursdays ; Siddargal: Sri Kakabujandar and Sri Agapei on Thursdays; Chandrashtamam: 24th-26th . Avoid important decisions.**

**March**

The beginning of the month finds the lord of your house in the seventh house. Employees will have an unexpected windfall. Marriage obstacles shall be removed. Marital compatibility shall be good if there is a give and take policy. Businessmen and industrialists will rake in grand profits. Women will stand to gain managerial skills. Students may have travel plans. Artistes will stand to gain through new ventures. Politicians will be honored with new positions. Farmers will find peace in litigation. The month will be good.

**Lucky no: 5; Color: Green; Day: Wednesday; Direction: North east; Deity: Shri Chakra Maha Meru on full moon day; Siddargal: Sri Azhaguni and Sri pambatti on Sundays; Chandrashtamam: 22nd-25th. Avoid important decisions.**

**Meena Rasi – PISCES**  
(PURVA BHADRA – Padam 4:  
UTTRABHADRA; REVATHI)



**January**

The beginning of the month finds the lord of your house in the sixth house. You are advised not to take impulsive and emotional decisions. Employees will have a promotion in the latter half of the month. Love marriage is in the air. Businessmen and industrialists will have decent profits. Women will gain from paternal properties. Students will do well. Artistes will receive new and positive news. Politicians will invest in properties. Farmers will gain in the latter half of the month. The latter half of the month will be good.

**Lucky no: 5; Color: Green; Day: Wednesday; Direction: North east; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Kakabujandar and Sri Agapei on Thursdays; Chandrashtamam: 3rd-5th and 30th- 1st February. Avoid important decisions.**

**February**

The beginning of the month finds the lord of your house in the sixth house. You will face some financial crunch and so be careful. You need to be careful with your health. Employees should practice caution and patience. Marital compatibility shall be ordinary.

Businessmen and industrialists should not lend money. Women will find joy. Students will do well. Artistes will stand to gain through new acquaintances. Politicians should be careful. Farmers will gain reasonably. The first half of the month will be good.

**Lucky no: 6; Color: Grey; Day: Friday; Direction: South east; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Mahabogar and Sri Pulipani on Tuesdays; Chandrashtamam: 26th-29th. Avoid important decisions.**

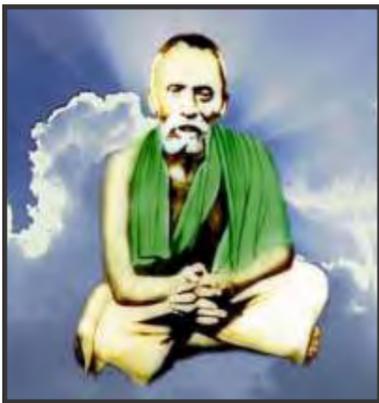
**March**

The beginning of the month finds the lord of your house in the sixth house. You need to be careful with your health. Employees will feel threatened by their colleagues at the workplace. Marital compatibility shall be good if there is a give and take policy. Businessmen and industrialists should avoid borrowing money. Women will lose their peace because of envy and rivalry. Students will progress well. Artistes will stand to gain through foreign tours. Politicians will be honored. Farmers will gain reasonably. The latter half of the month will be good.

**Lucky no: 6; Color: Grey; Day: Friday; Direction: South east; Deity: Dakshinamoorthy on Thursdays; Siddargal: Sri Kakabujandar and Sri Agapei on Thursdays; Chandrashtamam: 25th-27th. Avoid important decisions.**



**Sayings of Sathguru**



Actions done with a motive achieves the objective that it is done for but binds the one who has performed it. But when one performs actions as an offering to God, they do not produce any such consequences. Therefore, only actions performed without any motive or any sense of ownership (that one has done it) and those done as one's duty cleanse one's mind and aid in spiritual elevation.

In the ocean of Karma comprising of births and deaths, the Sadguru portrays the body as a ship. The five sense organs represent the people and the life force, the sailor. For the ship that is the body, to sail through the ocean of Karma and to be one with the Paramatman, the sailor or jeeva has to steer carefully, totally in command, undisturbed by the senses. This means that to negotiate the path through which each person has to travel in this world, the soul must be in command, mind drawn inwards and all the five senses conquered.



**Way To Reach Madambakkam**

**ADDRESS :**

**SRI CHAKRA MAHA MERU 18 SIDDHAR SAKTHI PEETA BRINDAVANAM,**  
1, Sannadhi Street, Madambakkam, Chennai – 600126.

**Phone: +914422281408, 22280407**

**Email: guruji@seshadri.info | Website: www.seshadri.info**

**Arul Vakku, Divine messages in trance on every New Moon Day.**

- From Tambaram, Velachery come to Rajakizhpakkam Road.
- 3 Kms from here is the Dhenupureeswarar Shiva temple
- Next to which is the Sri Maha Meru 18 Siddhar Sakthi Peeta Brindavanam.
- Bus routes from Tambaram 51G, 51K. From T. Nagar 5A Cut Service.
- Bus Stop: Dhenupureeswarar Shiva Temple.



**Kaala Sarpa Dosha Nivarana Pariharam At Madambakkam**



Nagarajar Abhisheka Pariharam at madambakkam

Visit Sri Nagaraja Sannadhi and offer your special prayers for removing the ill effects of Kaala Sarpa Dosha by performing the atonement /pariharam at the Padinen Siddhar Sathguru Sri Seshadri Swamigal Shakti Peeta Brindavanam at Madambakkam, Chennai,

Similar to Kaalahasti, near Tirupati or Triambakeswar at Nashik

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See [www.seshadri.info](http://www.seshadri.info) for arranging Pariharam and

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## Bhagavatha Mahatmyam

Once in the forest of Naimisharanya, Shri Sahaunk Rishi asked Sutha Maharishi "What is the means of liberation in this Kali yuga?"

Sutha Maharishi said that Nama Japa Parayanam, Srimad Bhagavatha Shraavanam is the means of liberation. Only with the blessings of the Sathguru, Krishna krupa can be obtained.

Without Krishna krupa Srimad Bhagavatha Shraavanam is not possible. Sutha Maharishi says my humble pranams to Maharishi Veda Vyasa who wrote the Bhagavatham, to Sukha Brahmarishi because of whom we are able to drink the nectar called Bhagavatham.

It is said that even the Devas did not get the nectar called Bhagavatham. When Sukha Brahmarishi started to narrate the Bhagavatham to Parikshit maharaj the Devas came to him with a pot of nectar and said give this pot to Parikshit, he will become chiranjeevi and give us Bhagavatham. Sukha Brahmarishi said that nectar brought by the devas is like a piece of glass whereas bhagavatham is like precious gem and both cannot be exchanged.

In Sathyalokha when Lord Brahma kept all the other means of getting Moksha on one side and SHRIMAD BHAGAVATHAM on another side of the scale, the scale tilted in favour of Bhagavatham.

The story of Bhakti, Gynana and Vayragya

Once Narada Maharishi was singing NARAYANA NAMO NARAYANA NAMO NARAYANA and wandering on the earth. Suddenly he saw a young woman was crying and two old men were lying besides her. He came nearer and asked the reasons for her sorrow. She said my name is Bhakti. I was born in Dravida Desham. I grew up in Karnataka and Maharashtra. But due to the sins committed by people, I had lost my youth. When I came to Vrindavan, I regained my

youth. These two old men are my sons Gynana and Vairagya. I have tried many means to awake them but I have failed that is why I am crying.

Narada Maharishi said dear Bhakti you are very dear to LORD KRISHNA. Just meditate on the lotus feet of the Lord. In the age of SATYA, TRETHA and DWAPARA, Gynana and Vairagya were the means of attaining mukti but in Kaliyuga only bhakti you can help people attain moksha.

Once you approached the Lord and asked him what should I do. The Lord asked you to fill devotees heart with bhakti. For that purpose, he sent Mukti as your servant and Gynana and Vairagya as your sons. Since sins people started committing grave crimes Mukti returned to my abode. Gynana and Vairagya became old and neglected. Don't worry I will awake them. Naradha Maharishi narrated Vedhas, Upanishads, Puranas and many more shastras but the two old men did not get up. He did not know what to do. He prayed to his Guru Sanath Kumar. Maharishi Sanath Kumar along with his four brothers appeared before sage Naradha.

Sage Narada said I am blessed to have the darshan of the KUMARAS who always look like five year old, who always remain young because of Nama Japa. Please tell me how to revive Gynana and Vairagya.

The Kumaras said that SRIMAD BHAGAVATHA PARAYANAM is the means to revive Gynana and Vairagya. They asked Maharishi Naradha to go to Haridwar. They said on the banks of Ganga there is a ghat called Ananda there he should do bhagavatha parayana.

Sage Naradha said "OH Kumaras, you who heard the Bhagavatham from Lord Adhishesha. I request you to kindly narrate the Bhagavatham. The Kumaras agreed. Hearing that all the rivers, Yamuna, Narmada, Kaveri, the Puranas, the Shastras came in their personified form. The devas also came. During the

course of Bhagavatha parayanam, Lord Krishna himself appeared with Prahaladha, Arjuna, Parasharer and many more Bhagavathas. Bhakti came along with her two sons Gynana and Vairagya who regained their youth. All the three went inside Srimad Bhagavatham. When a person starts hearing the Bhagavatham, Bhakti grows. When his/her heart is filled with Krishna Bhakti, Gynana and Vayragya comes easily to them. Mukti is always near them, ready to take them to Vaikunda.

### The story of Dhundukari

Once upon a time on the banks of the river Tungabhadra there lived a Brahmin called Atmadeva. He was well versed in all the Vedas Upanishad and Purnas. His wife's name was Dhundubi. She was very proud of her youth and beauty. Atmadeva was very rich man. But alas he did not have any children. So one day he went to the forest and met a Rishi. He requested the rishi to bless him so that he may get a child. The rishi said that you are not destined to have a child for the next seven births. Atmadeva pleaded with the rishi and said please do me a favour. So the rishi took mercy on him and gave him a fruit. The rishi said give this to your wife she will get a son. Atmadeva went home and gave the fruit to his wife.

Dhundubi did not want to lose her youth by getting a child. At that time her sister who was pregnant came to her house. She said if you give money, my husband will give this child. You can bring up the child as your own child. We will give the fruit to the cow. So when the child was born, Dhundubi's sister handed over the child to her. Atmadeva rejoiced at the birth of the child the child was named Dhundukari. The cow which eat the fruit given by the rishi also gave birth to a male child. People of the village started talking that Atmaram is so lucky even his cow gave birth to a son since the child had ears of a cow he was called Gokarna.

Dhundukari, because of bad company started indulging in stealing, cheating and other vices. Gokarna, on the contrary was

a very sattvic boy, well versed in all the scriptures. One day, Atmaram could no longer tolerate the atrocities committed by Dhundukari. He came to Gokarna and lamented that he did a mistake by not listening to the rishi's words. Gokarna said to Atma deva, "Father meditate on the lotus feet of Lord Krishna." Atmadeva went to the forest, read the dasama skantham of Bhagavatham and attained Moksha.

After Dhundubi's death, Dhundukari bought all his evil friends to his house. They enjoyed all his wealth and ultimately they murdered him.

Gokarna who had gone on a pilgrimage heard about the death of his mother and brother. He performed Gaya shraddha for their Mukti.

After a long period of time he came to his home town. When he visited his ancestral home he saw frightening images of elephant, lion etc. He sprinkled kamandala theertham on the image. The ghost said to Gokarna, "I am your brother Dhundukari. Because of my bad deeds I have become a ghost. Please help me get liberation from this." Gokarna said to him, "I did Gaya shraddha for you." The ghost said, "Even 100 gaya shraddhas are not enough for my sins." Gokarna meditated upon surya Bhagawan who has knowledge of all the shastras. Surya Bhagawan asked Gokarna to recite the Shrimad Bhagavatham for seven days. Gokarna arranged for Bhagavatha Saphthangam. All the villagers came to hear the saphthangam. The ghost, since it had an airy body, entered a bamboo shoot which had seven knots. On the last day of the saphthangam, divine figure emerged from the bamboo shoot entered a divine chariot waiting for it. The divine figure thanked Gokarna and said dear brother because of you I am going to Vaikunda. Gokarna asked the divine people who had come along with the chariot, that why the ghost got mukti whereas other all people who were listening did not get? The messenger said that only the ghost heard with full concentration, so he attained moksha.

**-Smt. Jayashree**

## Sri Vidya - An Ancient Tradition



In the Sri Vidya tradition, the Sri Chakra is the yantra (diagrammatic symbol) for worship. When the Sri Chakra is elevated the Meru is formed. The Maha Meru is identical in structure to the Sri Chakra. If the Meru is viewed from the top or is compressed it takes the shape of the Sri Chakra. The structure of the Sri Chakra is

complex. The Sri Chakra is made up of series of nine triangles around the central point or Bindu. Of the nine triangles, four are Siva triangles or Srikanthas with apex upwards and five are Shakthi triangles, Sivayuvatis with apex downwards. The triangles indicate that Siva and Shakthi are involved in the entire process of creation. Together the nine triangles in the individual and cosmic form symbolize the twenty five elements or Tattvas. The triangles are surrounded by a circle of eight petals, the Vasudalam, and then by another circle of sixteen petals the Kalasram. Three circles, the Mekhalatraya surround these and then comes the Bhupura, a rectangle of three lines with four openings one on each side.

In the Sri Chakra, the journey is from the outer Bhojpuri to the central Bindu, the path indicative of one's own journey to the ultimate God head, step by step. This form of ritualistic worship is called the Navavarana Pooja, avarana meaning

veil. Indeed the process resembles the removal of the veil of ignorance stage by stage until the devotee merges with the Bindu or the Supreme Mother. Each level or avarana is dedicated to a certain deity and in offering worship; the aspirant is elevated to the next plane. Each level or Chakra has its own presiding deities and mudras. The Bhupara is the ground level of the Meru and consists of three lines. It is through the Bhupura that entity is made into the Chakra. This Chakra is known as the Trailokyamohana. The second Chakra called the Sarasapirapuraka consists of sixteen petals, where the deities that fulfill desire are situated. The next chakra, the Sarvasankshobana consists of 8 petals. The forces which govern this Chakra function with the aid of the physical body and mind. In the Sarvasaubhagyadayaka, the fourteen corners that go to make up this Chakra house the fourteen presiding deities. The Sarvathasadhaka is the chakra associated with all auspiciousness. This

ten cornered chakra has the deities that gives riches, removes sufferings and so on. The inner ten cornered Sarvaraksakara deals with protection. This chakra houses the deities that protect and dispel evil. The eight edged Sarvaroghara consists of the deities who control speech; these deities are considered closes to the divine Mother.

Within the inner triangle the central point or Bindu, the Sarvanadamayi the Mother Goddess Lalitha Maha Tripurasundari in union with her Lord Kameswaran, Ambika with her consort Iswara. The Bindu the final small circle indicates the combined force of Siva and Shakthi in union, Shiva the unmanifest, manifesting through Shakthi, Maha Tripurasundari in Sripuram, celestial isle of divine and blessing. The Bindu represents the pinnacle of the rituals of the Sri Vidya tradition, reaching which the devotees unite with the Mother Goddess, in Sripuram.

**- an extract form Sri Seshadri Swamigal Mahatmaayam**

Sathguru Aaradhana 2016



**Raghu Kethu peyarchi / Panchabhoota shanthy homam**



Aaradhana Abhishekam for Sri Seshadri Swamigal at Vashi Haveli



Aaradhana Abhishekam for Sri Seshadri Swamigal at Vashi Haveli



Aaradhana Abhishekam for Sri Seshadri Swamigal at Vashi Haveli



Aaradhana Abhishekam for Sri Seshadri Swamigal at Vashi Haveli



Aaradhana Abhishekam for Sri Seshadri Swamigal at Vashi Haveli



Annadanam at Mumbai Trust Office



Annadanam at Mumbai Trust Office



Hasta pooja at Mumbai Trust Office



Ayyapa celebrations at Vani Vidyalaya- Mulund



Ayyapa celebrations at Bhakta Samaj - Mulund



Ayyapa celebrations at vivek vidyalaya - Goregaon

## SATHGURU SRI SESHADRI SWAMIGAL BRINDAVANAM TRUST [SSSSBT] - MUMBAI CHAPTER

In association with VANI VIDYALAYA  
INVITES YOU ALL

Come and listen to Gurujii KVLN Sharma demystify the code behind MEDICAL ASTROLOGY & ITS EFFECTS ON HUMAN LIFE on 30th January at BHAKTA SANGAM, MULUND from 6.30pm – 8pm.

Simple daily tips & ways to unburden yourself from mundane problems, that evades you from reaching your dream/ goals will be unraveled. Also participate in the above HAVAN & Pooja and bring yourself closer to meeting your ambition!

### Sri Seshadri Swamigal's Divine Leelas

Sri Seshadri Swamigal arrived at Tiruvannamalai in 1889 when he was 19 years old. He lived uninterruptedly at this place for the next forty 40 years until 1929. He lived the life of an Avadhuta, with no home or ashram, and moved from place to place within Tiruvannamalai. After he left the body, his devotees made his samadhi at a spot off the Chengam Road, which was later to incorporate also an Ashram in his name which is located next to Ramana Maharshi Ashram. To those who have a connection with Sri Seshadri Swamigal, he is a great Mahan, and a source of strength, instruction and inspiration. But even to those who don't know him, stories of his life and wanderings around Tiruvannamalai, of his interactions and miracles, are thrilling Divine leelas. Swamiji drove away his devotees' ailments whether it was paralysis or lung disease or fever or whatever serious illness, they all would vanish at the sight of Swamiji. Ghosts, devils, brahmarakshas would fly away. Scorpion, Snake poison would all be reduced to ashes. Swamiji would offer such patients some bits of food brought out from his mouth. Sometimes he used to give some green leaves and herbs to eat. After consuming the same, the disease would vanish.

Some such stories of his amazing cures go thus:

#### A Poisonous Disease

"Swamiji aunt's son Krishnaswamy Sastriar was living in village Thandarai near Tiruvannamalai. His first wife Shankuntala (also known as Alamelu Ammal) developed a strange poisonous ailment because of which her entire body became swollen. Her hands and legs became dead like the stem of a tree. She vomited often and every time worms as long as four inches, came out with the vomit. Sastriar was flabbergasted. Even the doctors gave her up. Finally he put her in his horse-driven cart and drove her to Tiruvannamalai. Near the point where the Temple Chariot was located, he found Swamiji. He jumped out from the car and prostrated before Swamiji, "Oh Cousin! Shankuntala is lying in the cart in a precarious condition. Please see her. Except you there is none who can cure her. I have come all the way only to seek your help", he said, all the while in tears. Swamiji saying, "Oh, is that so? Where is she?" Got into the cart, he put his feet on the lady's legs, abdomen and neck and crossed over to the front of the cart and took hold of the horses' reins and whipped it to speed up. The horse ran like the high wind. He stopped it near the Sadhu Chattram and got down from the cart. He came to the rear and picking up some earth, threw two handfuls inside the cart. He made her swallow another handful of mud. He asked her to pack three handfuls of earth in the corner of her sari and instructed that she should smear the same on her body for

three days and departed. Sastriar followed the instruction and on the fourth day her ailment vanished.

#### Meenakshi's Delirium

Chengalvarayana was a pleader in the criminal court in Tiruvannamalai since 1899. Later on in his old age he donned the saffron robe and was serving Swamiji as his disciple. He had a friend by name Rao Bahadur Siva Chidambaram Pillai, a Deputy Superintendent of police. Pillai's daughter, Meenakshi, developed high fever with delirium at 105 degrees F and the fever did not abate. The doctors gave up the case as difficult to cure. Chidambaram Pillai wept bitterly before his friend Chengalvarayana. He, out of compassion, informed our Swamiji who was sitting in the sanctum of Lord Muruga (Kambathu Ilayana). He directed him to appear in that direction. Hence Chengalvarayana composed a verse in Tamil and placed it at Swamiji's feet and did obeisance. Swamiji smilingly instructed him to go into the sanctum and read it to the deity. Accordingly he went in the sanctum and read it five or six times and showed camphor flame and brought the paper to Swamiji again. "Lord Muruga of Red Complexion! The sick who fall at your feet get rid of their sickness in this life. If this is true, please see that this child Meenakshi becomes healthy today." Swamiji told him, Go, go. It will be cured before sunrise". Accordingly the girl's fever receded at 4 a.m. and she became

all right.

#### Scabies

Krishnamurthy was a village Munsif. He heard from his friend about Swamiji's greatness even when he was in his school. Every summer he used to get scabies in both his hands. It used to bother him for four months. During that period he had to depend on somebody else to do his work. For ten years he struggled with it and neither application of medicine nor magic could cure him of that. He then remembered Swamiji and rushed to Tiruvannamalai. On reaching there he went to a restaurant and took some tiffin. When the server brought coffee, Swamiji suddenly appeared there and started pouring the coffee to cool it and also drank a little. As Krishnamurthy had not seen Swamiji before, in his ignorance, he became somewhat angry. Luckily for him, he controlled his temper. Swamiji asked him if he had scabies in his hands and advised him to apply kumkum on it the very next day. Saying this, Swamiji ran away from the place. When Krishnamurthy came to know that that was Swamiji he regretted what a foolish thing he had done and thought that he had not taken even a whole cup of coffee as prasad. Hating him for the ignorance. He started searching for Swamiji, who could not be traced. The next day he applied kumkum on the scabies and by evening the scabies dried up. By next morning the entire thing had faded."

**Brahmasri Kuzhumani Narayan Sastriar**

### Shraddhanjali

Shri Gopal Iyer, a dear person to all of us who was most devoted to Sathguru Sri Seshadri Swamigal and the SSSSB Trust has reached the divine feet of the lord. Many of us have seen him over the years connected with spiritual and social gatherings of almost all organizations and rendered untiringly catering and other social services. A soft spoken man, though at times misunderstood over his enthusiasm to help others is now no more to give his usual helping hand. Gopal Mama as he was popular was one with SSSSBT Vashi for over five years, ever since its activities began; Working selflessly to promote SSSSBT in Navi Mumbai and around, He was a regular participant in Hast Pooja every month, where the curd rice prepared by him as Neivedyam for each pooja was never missed by the devotees. May his soul be one with Sathguru.



SHRI GOPAL IYER  
14/06/1950 - 13/12/2015

### Important Days

#### JANUARY 2016

2<sup>nd</sup> - Hasta Abhishekam 3<sup>rd</sup> - Mahan Sri Seshadri Swamigal Aradhana  
8<sup>th</sup> - Raahu Ketu Transit 9<sup>th</sup> - Panchabhootha Santhi Homam, Siddhar - Homam, Hanumath Jayanthi, Amavasya  
14<sup>th</sup> - Bhogi Festival 15<sup>th</sup> - Pongal Festival  
19<sup>th</sup> - Krithiggaai 23<sup>rd</sup> - Pournami  
29<sup>th</sup> - Sri Seshadri Swamigal Jayanthi, Hastham

#### FEBRUARY 2016

8<sup>th</sup> - Amavasya 22<sup>nd</sup> - Pournami 25<sup>th</sup> - Hastham

#### MARCH 2016

8<sup>th</sup> - Amavasya 9<sup>th</sup> - Surya Grahanam(Eclipse of Sun)  
22<sup>nd</sup> - Pournami 24<sup>th</sup> - Hastam

## **AN APPEAL:**

**DUE TO THE SEVERE DAMAGE CAUSED ACROSS TAMILNADU THROUGH THE RECENT FLOODS THAT ENGULFED THE CITY OF CHENNAI & THE STATE; SEVERELY IMPACTING THE HUMAN LIVES OF MANY, INCLUDING THE FLORA & THE FAUNA. SO MUCH SO, AS TO THE DAY TO DAY NEEDS OF THE ACTIVITIES CARRIED OUT BY THE SSSSBT TRUST & ITS TEMPLE AT MADAMBAKKAM HAS BEEN AFFECTED TOO!**

We earnestly reach out to all our devotees, our readers & our well-wishers across the city, state, country & also our Indian Diaspora across the world to please come forward with your monetary contributions to the best of your capabilities to assist us in tiding over this severe gap created due to the natural calamity; that otherwise would not be possible without your help!

The proceeds of the contribution will go towards the Restoration & Repairs of the Temple [BALALAYAM], feeding of the Cows [GOWSHALA] and to prevent an epidemic post the floods; installation of a R.O. PLANT [Reverse Osmosis] for regular DRINKING WATER.

**WE CAN BE REACHED THROUGH THE FOLLOWING TOUCH POINTS:**

1. **MUMBAI HAVAN @VANI VIDYALAYA, JN Road, Mulund- west, on 14th Feb: 6.30 am onwards**
2. **SSSSBT Mumbai Trust office address: A 11/ 5, Ground Flr., Shahid Bhagat Singh CHS Ltd, Bindra Complex, Mahakali Caves Rd., Andheri – east, Mumbai -93. 022- 28387116 / 9619710123**
3. **Website: [www.seshadri.info](http://www.seshadri.info)**
4. **E-mail address : [ssssbt.mumbai@gmail.com](mailto:ssssbt.mumbai@gmail.com) & [guruji@seshadri.info](mailto:guruji@seshadri.info)**
5. **SSSSBT (Regd.) CHENNAI: New 43, Old 21/3, Third Street, Alamelumangapuram, Mylapore, Chennai – 4. Tel: 044-24938734 / 24953793**
6. **TEMPLE SITE ADDRESS: Sri Chakra Maha Meru 18 Siddhar Sakthi Peeta Brindavanam; #1, Sannathi Street, Madampakkam, Chennai – 600126. Tamilnadu, India.**
7. **TEMPLE TEL. NO.: +91- 44 -22281407 / 408.**
8. **MUMBAI PATRONS: Mrs. M. Ravindranath: 9987273961 / Mr. Iyer: 9820100486/  
Mrs. Vijayalakshmi: 9920880220 / Mr. Seshadri: 9820316248 /Mrs. Narasimhan: 9867120231  
Mr. Ravindranath: 9987273963**
9. **BANK DETAILS: Axis Bank, A/c. No. 914010051761397, A/c type: SB, IFSC Code: UTIB0001531, Andheri (E), Rajmata Branch.**

**All contributions are EXEMPTED U/S 80G of the I.T. ACT 1961**

## Rare Havans at Mulund in mumbai - Feb. 14, 2016

**SATHGURU SRI SESHADRI SWAMIGAL  
BRINDAVANAM TRUST [REGD.]**  
New 43, Old 21/3 third street, Alamelumangapuram,  
Mylapore, Chennai-4.



Our Gururji Sri. K.V.L.N. Sharma who is the chief disciple of Sri Seshadri Swamigal and a Sri Vidya Upasakar is the chairperson of SSSSBT Trust who has conducted many Sri Vidya Navavarna Poojas & many Devi Homams. He will be present during the Haven conducted by the Mumbai chapter.

We cordially Invite one & all to participate in these havans wherein you might experience a sense of spiritual upliftment. Your participation will energise you towards oneness with the Divine!

### INVITATION

**A DIVINE OPPORTUNITY FOR ONE & ALL :-**

The year 2016 marks the 11th year of the SSSSBT trust performing various Havans in the city of Mumbai benefitting mankind & making our humble contribution towards the process of global peace.

- Sri Suryanarayana Haven
- Sri Ashta Bhairavars Haven
- Sri Nakula Saraswati Pooja

SSSSBT Trust in association with the Mulund Bhajan Samaj shall be conducting the above Two Havans and pooja simultaneously on:

Sunday 14<sup>th</sup> Feb'16 from 06.30 am onwards

VENUE:-  
Vani Vidyalaya, JN Road, Mulund(W), Mumbai - 80.  
Tel.: (022) 25648840

### Our serenity Activities & Seva's conducted by the Trust:

- Free Medical Aid
- Maintenance of Cows & Gowshala
- Free distribution of milk to the children of the residents in & around the temple
- Annadanam on a daily basis
- Free Legal advice, Employment opportunities
- Free counseling & astrology for the poor & needy

SSSSBT Trust releases a quarterly newsletter called Sessa Oli which features the Divine message from our Gururji for our day to day life. If one wishes to share their positive story, we shall be delighted to publish the same in our "future" issues! We invite you to subscribe to this newsletter and take the opportunity to gain spiritual balance in life.

The proceeds of this haven will go towards the Renovation of BALALAYAM [place where the cosmic energy is stored] which was damaged during the recent torrential rains that created havoc in Chennai & adjoining cities. It will also go towards feeding the poor, feeding of the Cows, Medical camps and free medicines. We also plan to set up Reverse Osmosis plant for drinking water.

### FOR PARTICIPATION IN SANKALPA, PLEASE CONTACT:-

Trust office: A11/5 Bindra Complex, Mahakali Caves Road, Andheri (E), Mumbai-93. Tel.: 022 28387116. Mob.: 9619710123.

- 1) Mrs. Meera Ravindranath Mob.: 9987273961. (Andheri-E)
- 2) Mr. Seshadri Mob.: 9820316248. (Andheri-E)
- 3) Mrs. Vijayalakshmi Mob.: 9920880220. (Borivali)
- 4) Mrs. Lata Narasimhan Mob.: 9867120231. (Vashi)
- 5) Mr. V. K. Ramchandran Mob.: 9892733225 (Mulund)
- 6) Mr. V. Ramakrishnan Mob.: 9892677776 (Vani Vidyalaya)
- 7) Mr. C.V. Srinivasan Mob.: 9892474143 (Vani Vidyalaya)

Also you can make direct payment through Axis Bank a/c no.914010051761397 Type of a/c: SB IFSC code : UTIB0001531. Andheri (E), Rajmata Branch You can pay by cash or cheque from the nearest Axis bank, can also do RTGS. After Payment please intimate us @ ssssbmumbai@gmail.com

Please visit our website [www.seshadri.info](http://www.seshadri.info)

### SCHEDULE FOR 14TH FEB 2016

TIME	PROGRAMME
06.30 - 07.30am	Maha Ganapathy Pooja
08.00 - 08.30am	Gowmatha Pooja
08.45 - 12 noon	Sri Suryanarayana Haven Sri Ashta Bhairavars haven Sri Nakula Saraswati Pooja
12.00 - 12.15 pm	Poornahuti
1.00 - 2.00 pm	Annadanam & Prasadam Distribution

Havan participants will receive a special gift from Gururji K.V.L.N.Sharma

### AN APPEAL FOR SPONSORSHIP RELATING TO HAVAN

NO.	PARTICULARS	SANKALPA AMOUNT	EXPENDITURE
1	Sri Maha Ganapathy Haven	Rs. 101/-	Rs. 2,000/-
2	Gowmatha Pooja	Rs. 51/-	Rs. 5,000/-
3	Sri Suryanarayana Haven	Rs. 501/-	Rs. 75,000/-
4	Sri Ashta Bhairava Haven	Rs. 501/-	Rs. 81,000/-
5	Sri Nakula Saraswati Pooja	Rs. 250/-	Rs. 25,000/-
6	Poornahuti		Rs. 35,000/-
7	Mandapam & Decorations		Rs. 50,000/-
8	Homa Dravyams		Rs. 35,000/-
9	Acharya Sambhavana		Rs. 50,000/-
10	Flowers for Haven & Pooja		Rs. 30,000/-
11	Dry Fruits for Poornahuti		Rs. 25,000/-
12	Cow's Ghee for Haven		Rs. 8,000/-
13	Suvasini Pooja silk saree		Rs. 4,500/-
14	Kanya Pattu Pavadai		Rs. 4,000/-

### ANNADANAM SPONSORSHIP

NO.	PARTICULARS	QUANTITY	EXPENDITURE
1	Rice & Sugar	200 Kgs	Rs. 20,000/-
2	Fruits & Vegetables	10 Types	Rs. 35000/-
3	Ghee & Cooking Oil	30 Litres	Rs. 12000/-
4	Annadanam		Rs. 3,00,000/-
5	Other items		Rs. 1,20,000/-

TOTAL EXPENDITURE Rs. 9,16,500/-

All contributions are exempted under 80G of IT ACT 1961.

### SRI SURYANARAYANA HAVAN



"Trai-Gunnyam Ca Mahaa-Shuuram Brahma-Visnnu-Maheshvaram | Mahaa-Paapa-Haram Devam Tam Suuryam Prannamaamy [I] Aham | I"

Sri Suryanarayana Havan is performed primarily focusing on pacifying the Sun planet to reduce complications in human life in an effective manner and is the chief person in your natal chart and ruler of the planet system which helps in experiencing positive energy levels to live a successful life. In Medical astrology, the Sun rules your brain which is the key to

Power, Strength and Glory. This Havan being conducted on a Rata Saptami on the Sun Horas is very apt to appease the Sun God and gain full benefits.

#### BENEFITS:

- Helps in appeasing & strengthening the Sun planet in a horoscope to live a better life.
- Facilitates gaining more knowledge and wisdom in life.
- Disperses your karma.
- Gives you power & energy.
- Resolves issues related to father and ancestors carried over from previous births.
- Name and fame is bestowed.
- Heart ailments due to excessive heat will be cured.
- Bestows light for the eyes and insight for the mind.
- Sharpens the brain and brings happiness.

<b>SRI SURYANARAYANA HAVAN</b>	
Sankalpa Rate	Total Expenditure
Rs. 501/-	Rs. 75,000/-

### SRI ASHTA BHAIKAVARS HAVAN



"Trinethram, varadam shantham, munda mala bhooishtham, Swetha varnam, krupa murthim, Bhairavam Kundalojjwalam, Gada kapala samyuktham, kumarsya digambaram, Banam pathrancha sankham cha Aksha maalaam kundalam, Naga Yagnopaveetham cha dharinam suvibhoositham, Brahmani shakthi sahitam, hamsaroodam suroopinam, Sarvabheeshta dharam nithyam asithangam Bhajamyaham."

Ashta Bhairavars is Lord Shiva in eight forms who controls the 8 directions of this world. He is a fiery deity but is filled with compassion for the entire Universe. He rules the land of Kashi and when he guards the outskirts of the villages and towns he is known as Munishwara. These Ashta Bhairavars are

identified with Ashta Mathas or Mothers : Brahmani, Maheshwari, Vaishnavi, Varahi, Kaumari, Indrani, Narsimhi & Chamundi.

#### BENEFITS:

- Confusions related to the mind will be removed
- Removes anxiety and fear and increases confidence levels
- Destroys ignorance and instills wisdom
- Wards away the ill effects of the navagrahas
- Destroys Bramahathi dosha
- Blesses one with ashta-aishwarya and removes all obstacles of marriage.
- Childless couple will be blessed and prevents premature death

<b>SRI ASHTA BHAIKAVA HAVAN</b>	
Sankalpa Rate	Total Expenditure
Rs. 501/-	Rs. 81,000/-

### SRI NAKULA SARASWATI POOJA

This Nakula Saraswati pooja is done to appease Goddess Saraswati. She is the custodian of the 64 important arts. She is Brahma's consort and the custodian of all arts and skills. She is waiting to grant all the boons if you participate in this pooja.



"Saraswati Namastubhyam  
Varade Kaama Roopini  
Vidyaa Rambham Karishyaami  
siddhir Bhavatu Me Sadaa

Goddess Saraswati is universal mother who bestows the art of learning & ensures flow of Knowledge & wisdom. Daily prayers of Goddess Saraswati will lead to self confidence, positive energy and the key for ultimate wisdom and moksha.

#### BENEFITS:

- Bright children will not be affected by truant memories before the exams
- Talented officials will progress in their career
- People will be relieved of their stress and pressures
- Singers, musicians will get chances to showcase their talents
- People will gain opportunities to travel abroad
- Students in class 12 will get satisfying results.
- Financial troubles will be put to rest at the work place
- Officials of CBI, army and Home ministry will prosper
- Worship of Saraswati can grant 'moksha' - the final liberation of the soul.

<b>SRI NAKULA SARASWATI POOJA</b>	
Sankalpa Rate	Total Expenditure
Rs. 250/-	Rs. 25,000/-



Life greets us with challenges & mysteries. However certain thoughts need clarity and answers to the questions of our journey ahead. World Renowned Divine Astrologer with over 36 years of successful practice, Sri K.V.L.N. Sharma from Chennai would be available in Mumbai for professional consultancy and accurate astrological predictions.

Find solutions for all kinds of professional & personal related to: Foreign Travel, Business & Finance, Health, Marriage & relationships, Education, Property, Job & Career & Other Services

Consultation Dates: 31st Jan to 8th Feb 2016

For appointments, Please Contact: 022 28387116 / 9619710123 | Between 10:00 am to 8.00 pm  
Person seeking consultation SMS information of Full Name, Place of Birth, Date of Birth and Time of birth(in 24 hours format).

Under the guidance of our Mahan Sri Seshadri Swamigal and the able leadership of our Gururji K.V.L.N. Sharma the Mumbai Chapter is organizing the following special Havan & Pooja for the benefit of mankind & for universal peace. The havans will be conducted under the able guidance of our Gururji KVLN Sharma on 14th Feb 2016.